

FEBRUARY

2020



EAGLE NEWS

WE WISH EVERYONE ALL THE BEST IN YOUR UPCOMING GAMES AND THROUGH PLAYOFFS!!!

19|20 REGULAR SEASON STANDINGS

TEAM	PLACE	PTS	SPTS	GP	W	L	T
Midget C - Green	3	22	5	14	8	5	1
Bantam C - Green	2	28	12	14	7	5	2
PeeWee A1 - F5 (T3)	2	54	19	22	16	3	3
PeeWee C1 - Blue	2	16	6	7	3	0	4
PeeWee C2 - Green	5	13	7	7	3	4	0
Atom A1 - GVC2	1	55	21	22	16	4	2
Atom A2 - GVC4	7	38	19	22	9	12	1
Atom C1 - Green	2	19	7	7	6	1	0
Atom C2 - Green	4	15	7	7	4	3	0
Atom C3 - Green	5	10	6	7	2	5	0

**CONGRATULATIONS
TO OUR ATOM A1 TEAM
WINNING
THE ATOM A FLIGHT 2
BANNER!**



COACHES CLINIC



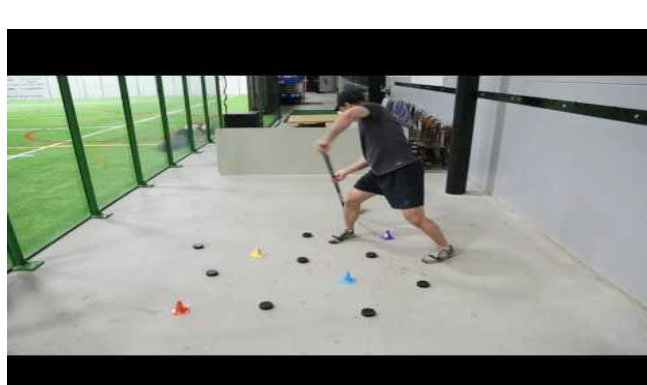
HUGE THANKS TO ALL OUR COACHES WHO ATTENDED THE COACHES CLINIC ON TUESDAY FEBRUARY 4TH.

We had a classroom session, an on-ice session as well as a follow up classroom discussion; it was a great evening and we trust everyone had an enjoyable time!

TIPS & RESOURCES

OFF-ICE STICKHANDLING DRILLS

[Stickhandling through Obstacles](#)
[Multi-tasking](#)
[Stability](#)
[Self Pass & Reaction](#)
[Using a Golf Ball](#)
[Additional Stickhandling Drills](#)



GOALTENDING DRILLS & PROGRESSIONS

[Goalie Specific Progressions](#)
[Team Drills to Include Goalies](#)

[Chest Saves](#)
[Glove and Blocker Saves](#)
[Pad and Stick Saves](#)

QUICK & EASY SMALL AREA GAMES



UPCOMING PROGRAMS

PRO-D CAMPS

- Monday February 24th - 3 on 3 and Small Area Games - [Register Now](#)
 - 8:15 - 9:00 AM H2 | H3
 - 9:15 - 10:15 AM H4 | Atom House
 - 10:30 - 11:30 AM Atom Rep
 - 11:45 - 12:45 PM PeeWee | Bantam

SPRING DEVELOPMENT

Registration is OPEN, Register Now to Confirm your Spot!
 Click the link for further details.

PeeWee Bantam Technical Skating (2006-09)	Mondays 7:30 - 8:30PM
https://www.eventbrite.ca/e/smha-peeweebantam-06-09-technical-skating-tickets-90258328089	
PeeWee Bantam Shooting & Games (2006-09)	Mondays 8:45 - 9:45PM
https://www.eventbrite.ca/e/smha-peeweebantam-06-09-shooting-games-tickets-90261337089	
H4 Atom C Technical Skating (2010-12)	Tuesdays 6:00 - 7:00PM
https://www.eventbrite.ca/e/smha-h4atom-c-101112-technical-skating-tickets-90263670067	
Atom A Technical Skating (2010-11)	Tuesdays 7:15 - 8:15PM
https://www.eventbrite.ca/e/smha-atom-a-1011-technical-skating-tickets-90265343071	
H3 H4 Technical Skating (2012-13)	Thursdays 4:15 - 5:15PM
https://www.eventbrite.ca/e/smha-h3h4-1213-technical-skating-tickets-90265852595	
Atom C Stick Skills (2010-11)	Thursdays 5:30 - 6:15PM
https://www.eventbrite.ca/e/smha-atom-c-1011-stick-skills-tickets-90271549635	
Atom A C Games (2010-11)	Thursdays 6:30 - 7:15PM
https://www.eventbrite.ca/e/smha-atom-1011-games-tickets-90361921941	
Atom A Stick Skills (2010-11)	Thursdays 7:30 - 8:15PM
https://www.eventbrite.ca/e/smha-atom-a-1011-stick-skills-tickets-90272000985	
PeeWee Stick Skills (2008-09)	Thursdays 8:30 - 9:30PM
https://www.eventbrite.ca/e/smha-peewee-0809-stick-skills-tickets-90270303909	
Squirrels Intro to Hockey (2015)	Saturdays 2:30 - 3:15PM
https://www.eventbrite.ca/e/smha-squirrels-intro-to-hockey-tickets-90269395191	
H3 H4 Stick Skills & Games (2012-13)	Saturdays 3:30 - 4:30PM
https://www.eventbrite.ca/e/smha-h3h4-1213-stick-skills-games-tickets-90271150441	
H2 H3 Technical Skating (2013-14)	Saturdays 4:45 - 5:30PM
https://www.eventbrite.ca/e/smha-h2h3-1314-technical-skating-tickets-90268991985	
Atom Goalies (2010-11)	Saturdays 3:30 - 4:30PM
https://www.eventbrite.ca/e/smha-atom-1011-goaltenders-tickets-90397514399	
H3 H4 Goalies (2012-13)	Saturdays 4:45 - 5:30PM
https://www.eventbrite.ca/e/smha-h3h4-1213-goaltenders-tickets-90401205439	
PeeWee Bantam Goalies (2006-09)	Saturdays 5:45 - 6:45PM
https://www.eventbrite.ca/e/smha-peeweebantam-06-09-goaltenders-tickets-90403995785	

